

Adaptation Modelling Framework for Heat Stress Exposure

To support the assessment of different adaptation strategies to minimize heat stress impacts on health.



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Q Wednesday, 23rd August 2023

EL DIARIO VASCO

Gipuzkoa bakes records at 42 degrees on a day with 16 hospitalizations in the Basque Country due to the heat

Osakidetza has attended a total of 35 people due to high temperatures in the three territories and another torrid night is expected.



At 9:45 p.m. this thermometer in a pharmacy in Tolosa showed 30 degrees Celsius

Q Sunday, 11th August 2024

EL DIARIO VASCO

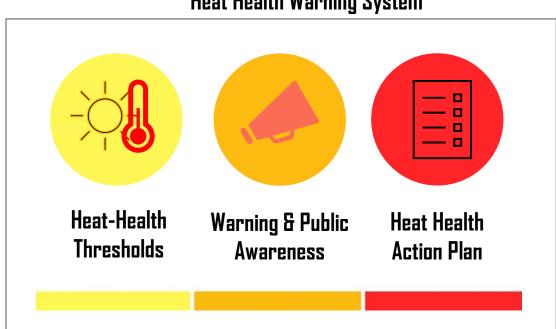
Bizkaia experience a ten-hour warm-up at more than 40 degrees.

The province is roasting with extreme temperatures that touch several records.



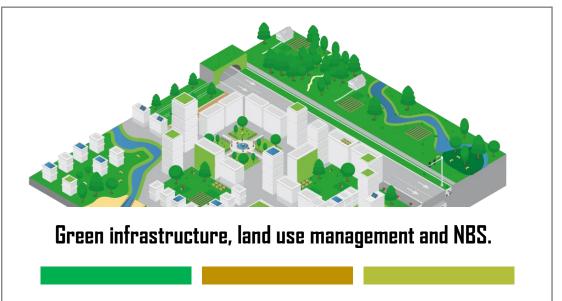
How can adaptation strategies minimize the heat-related health risks?





Heat Health Warning System

Territorial level interventions



Health manager



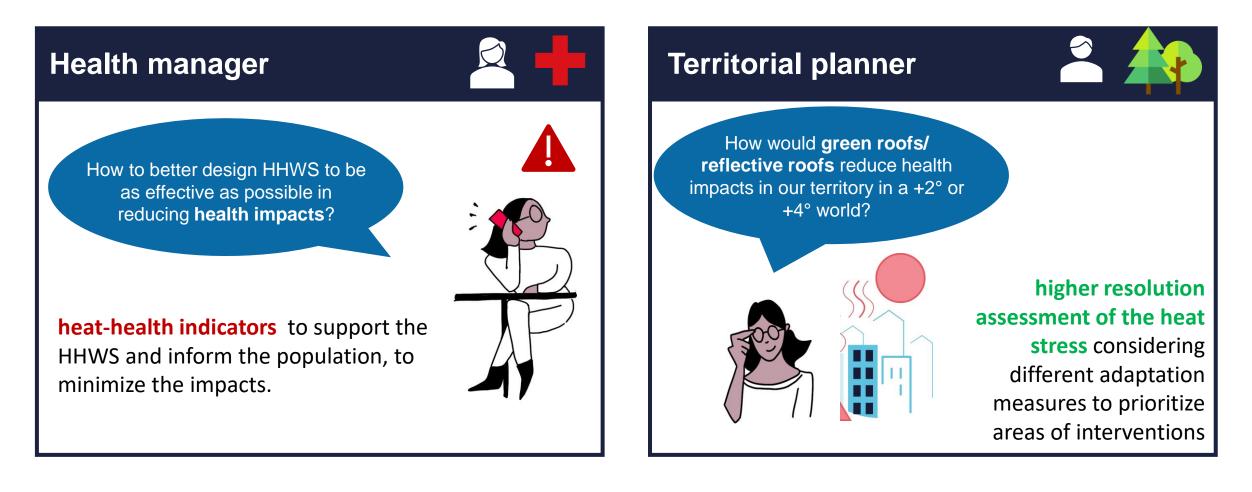
Territorial planner





Adaptation Modelling System for Heat Stress

to support the planning of adaptation strategies to minimize heat-related health impacts

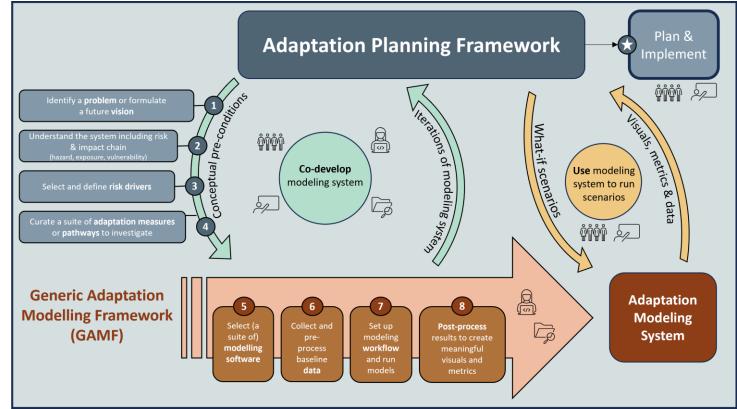


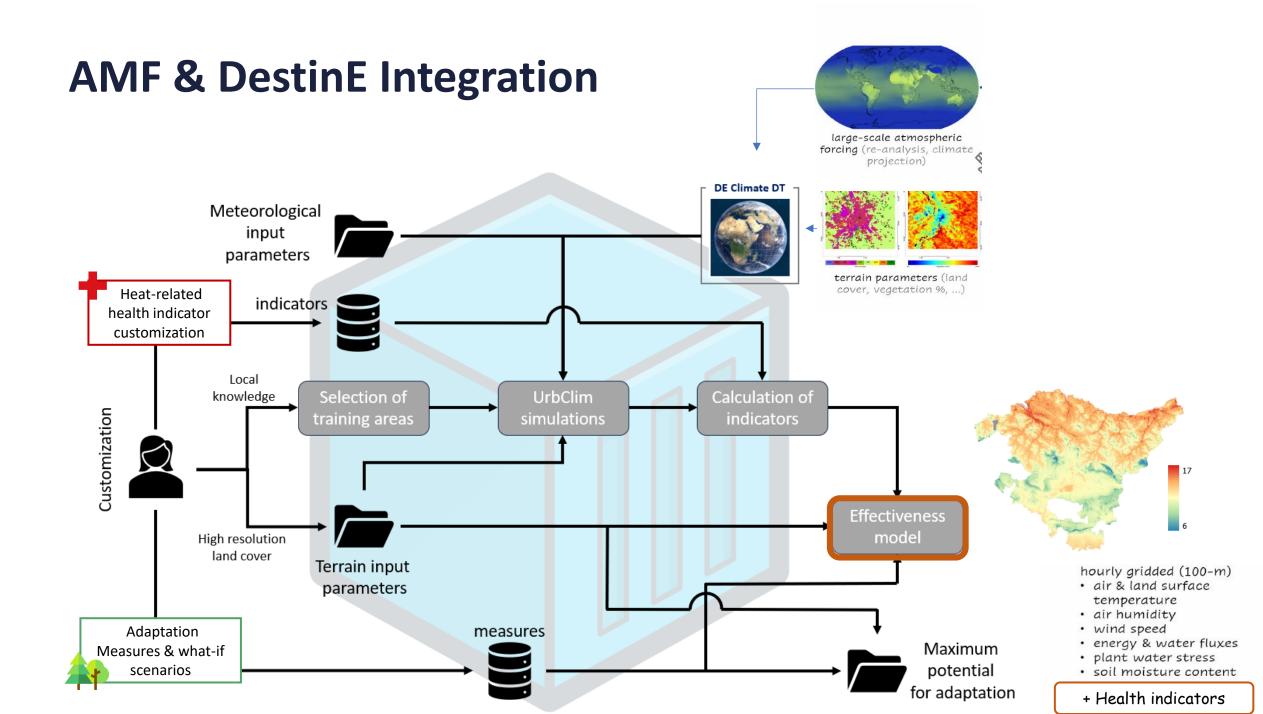
Generic Adaptation Modelling Framework (GAMF)

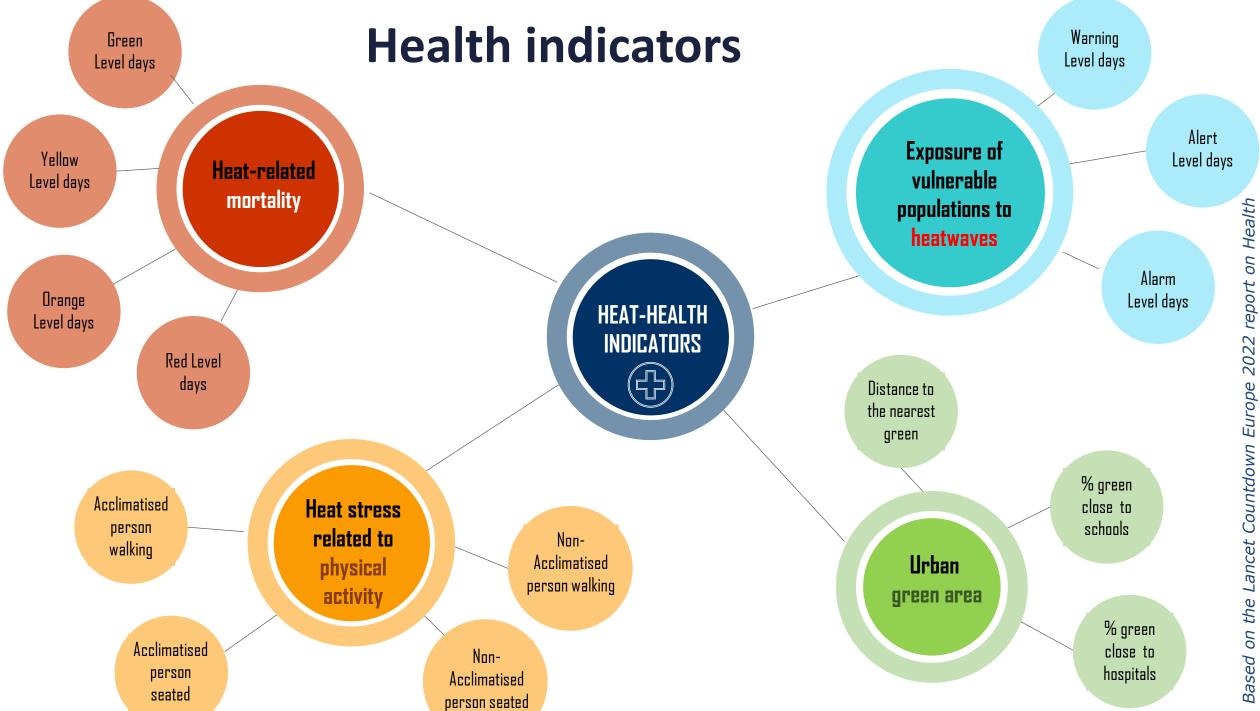
It describes **the process to develop an adaptation modelling system** by leveraging state-ofthe-art developments from Destination Earth.

Central to this GAMF are two feedback loops:

- The co-development of an adaptation modelling system including developers, configurators, and policy-makers.
- 2. The use of the adaptation modelling system in scenario modelling, by providing quantitative information about risk, and future what-if scenarios to facilitate end-users moving towards planning and implementation.









Health Manager

Vector file providing Spatial units for indicators

Heat-Health Indicator

Exposure of vulnerable populations to heatwaves

Heat-related mortality

Green Level days

Yellow Level days

Orange Level days

Red Level days

Indicator Description

This indicator refers to the increased risk of heat-related mortality that occur as a direct result of exposure to high temperatures.

Temperature-mortality dependency is defined as exposurelag-response association, which is modelled through the extension of distributed lag non-linear models(*). Based on this location-specific <u>maximum temperature thresholds are</u> established for temperature-mortality. (See Default Values defined for Basque Region based on Carlos III Health institute).

Considering these thresholds, this indicator tracks the number of the days where the maximum temperature is above a given threshold and apply the next decision algorithm, to compute the risk:



Regional thresholds can also be applied to the heatwave definition by setting the mínimum and máximum temperaure thresholds

Maximum Temp. Threshold 🔺

+ 1,5 + 1 + 0,5 QC

Default Values 🕐

Isoclimatic areas thresholds for Tmax based on Carlos III Health Institurite

Area	Minimum Temperature (°C)		
Bizkaia Litoral	30,2		
Bizkaia interior	32,8		
Gipuzkoa Litoral	31		
Gipuzkoa Interior	30		
Alava – Cuenca del Nervión	32,5		
Alava - Llanada Alavesa	32,2		
Alava - Rioja çAlavesa	33,8		

Cancel

Apply







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Heat-Health Indicator

Select the indicator you want to see represented in the map.

Exposure of vulnerable populations to heatwaves



Green Level days

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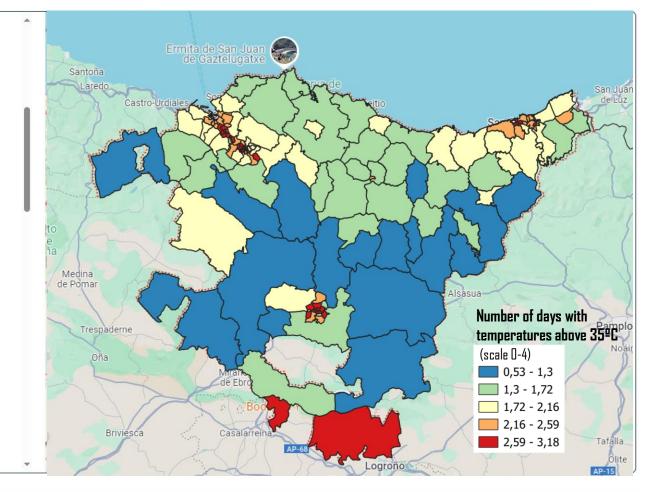
- Yellow Level days
- Orange Level days
- \bigcirc Red Level days

Indicator Description

Heat related mortality

indicator refers to the This increased risk of heat-related mortality that occur as a direct result of exposure to high temperatures.

Temperature-mortality dependency is defined as exposure-lag-response association, which is modelled through the extension of distributed lag non-linear models(*). this Based on









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Indicator

Description

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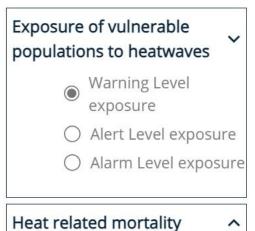
Health

Management

Territory Management

Heat-Health Indicator

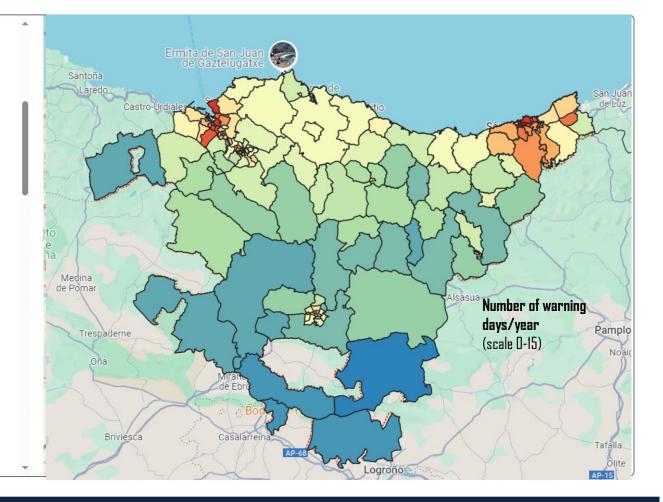
Select the indicator you want to see represented in the map.



Exposure of vulnerable populations to heatwaves

indicator tracks the This (*) vulnerable increased risk population faces during climatological heatwaves

"Vulnerable population" include elderly as they are more susceptible heat-related to illnesses due to age-related physiological changes and children as they are less able to temperature regulate body









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Heat-Health Indicator

Select the indicator you want to see represented in the map.

Exposure of vulnerable populations to heatwaves

Heat related mortality

Heat stress related to physical activity

Heat stress for an

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acclimatised person ۲ walking

Indicator Description

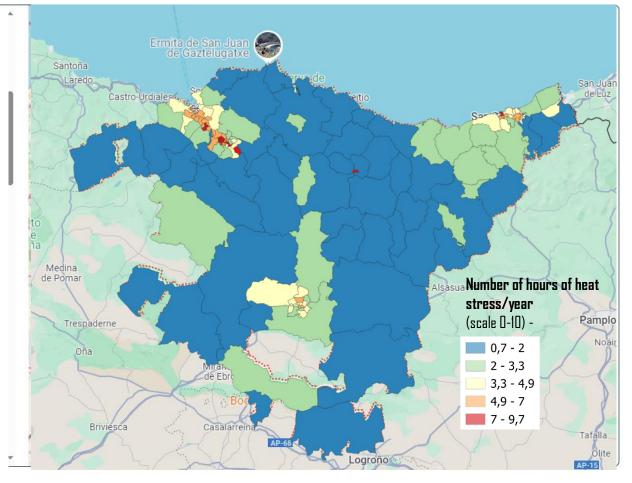
Heat stress related to physical activity

This indicator tracks the number the risky hours per person of and per year by considering the WBGT index as a way to measure the heat stress risk.

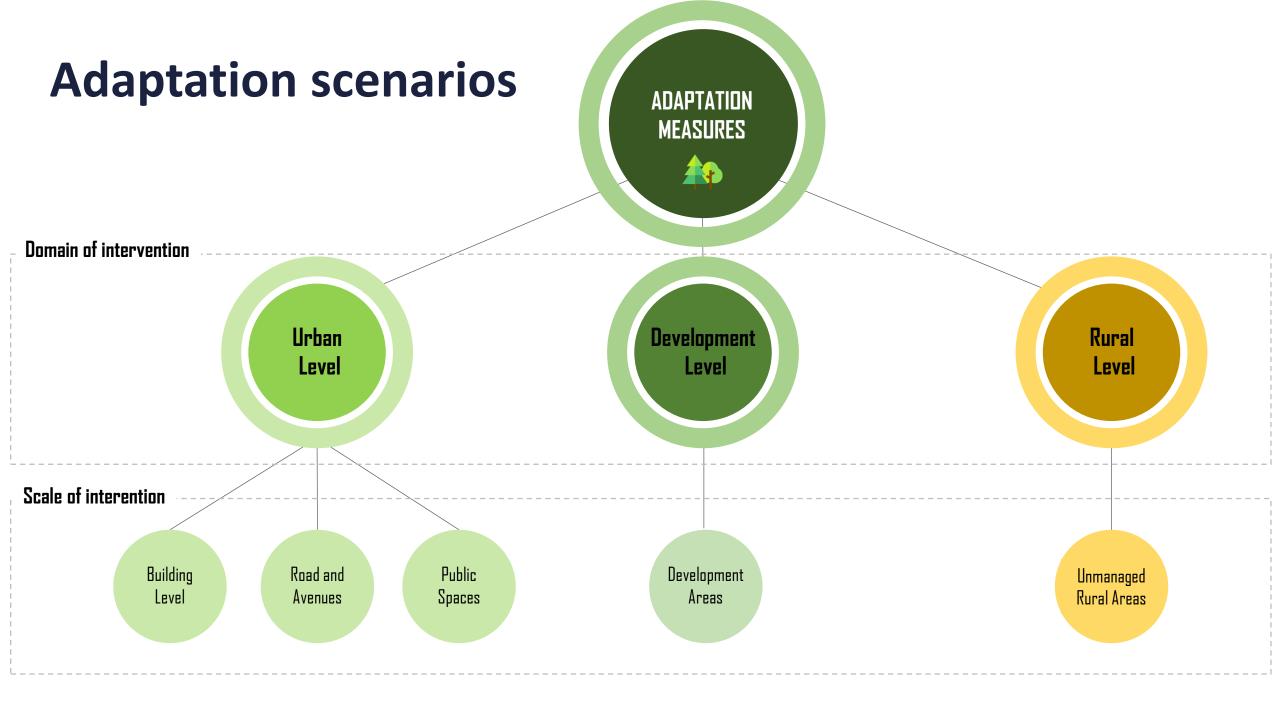
The risk of heat stress depends on the heat production of the organism as a result of his the physical activity and characteristics of the surrounding environment.

Co-funded by

the European Union









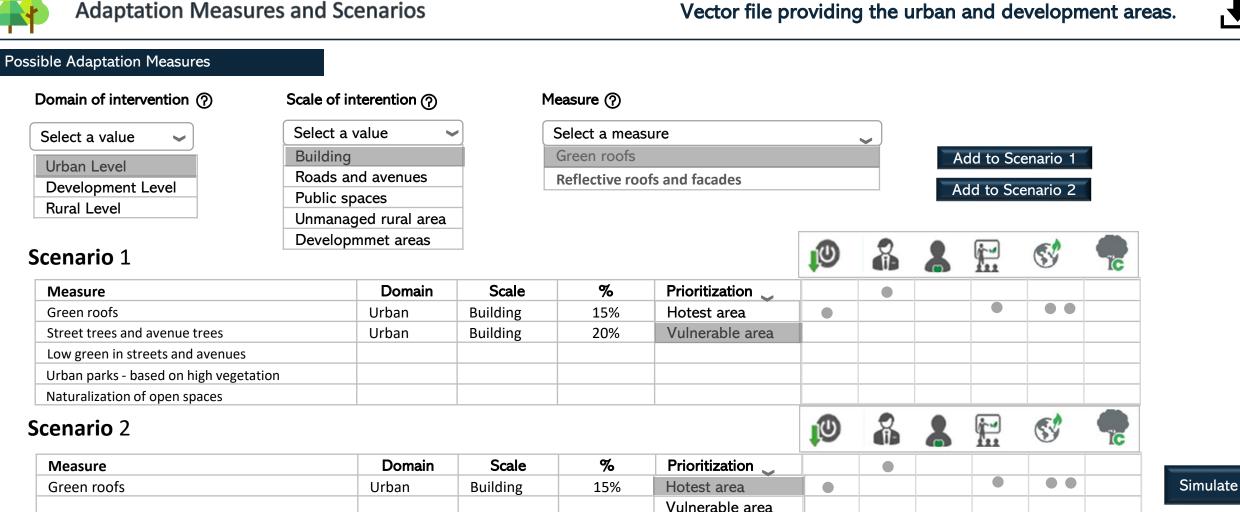
Adaptation Measures

Adaptation measure	Domain of intervention	Scale of intervention
Green roofs	Urban	Building Level
Reflective roofs and facades	Urban	Building Level
Artificial shade	Urban	Roads and avenues
Street trees and avenue trees (high vegetation)	Urban	Roads and avenues
Low green in streets and avenues	Urban	Roads and avenues
Urban parks - based on high vegetation	Urban	Open spaces
Naturalization of open spaces based on low vegetation	Urban	Open spaces
Water elements (fountains, ponds)	Urban	Open spaces
Water elements (artificial lakes, ponds)	Development	development areas
Peri-urban parks - based on high vegetation	Development	development areas
Naturalization of open spaces based on low vegetation	Development	development areas
Rural land management - based on high vegetation	Rural	unmanaged rural areas
Rural land management - based on low vegetation	Rural	unmanaged rural areas





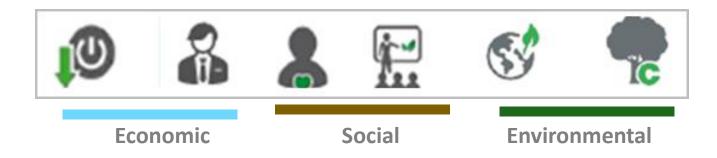
Next











Social co-benefits:

- Regeneration of degraded areas and better connectivity
- \circ $\;$ Recreation and environmental education

Economic co-benefits:

- Reduction of energy demand
- \circ Lost working hours

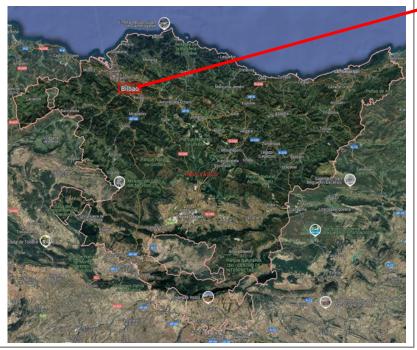
Environmental co-benefits:

- \circ Biodiversity
- \circ Carbon storage

Illustrative scenario for adaptation

• An increase to 50% vegetation in the in Bilbao city:

Adaptation measure	Domain of intervention
Green roofs	Urban
Street trees and avenue trees	Urban
Low green in streets and avenues	Urban
Urban parks - based on high vegetation	Urban
Naturalization of open spaces	Urban

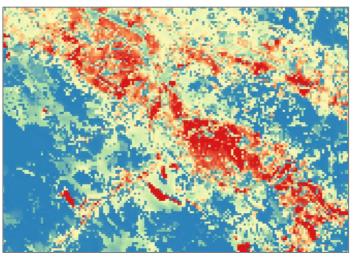


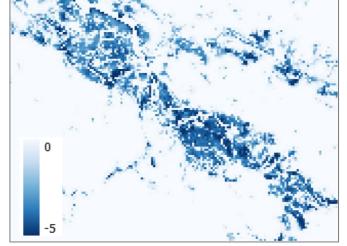


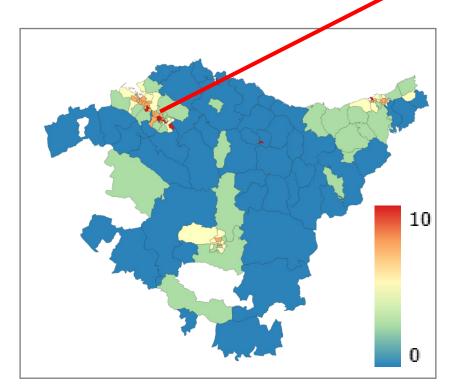
Number of hours of heat stress/year

(scale 0-10) - Acclimatised person walking

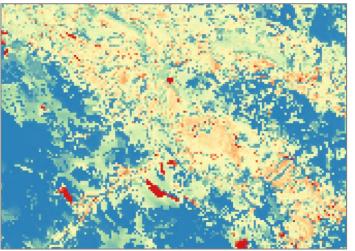
Baseline







Adapted scenario



Next Steps

- Validation of the model outcomes with stakeholders
- Feedback for improvement of the Adaptation Modelling System for Heat Stress Adaptation
- Pre-operational system connected to DestinE
- Final version of the GAMF in collaboration with Deltares
- Dissemination and communication through user stories